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This combination of antioxidants and OPC's, which is what you'll want to say instead of *oligomeric proanthocyanadins*, is a critical component to your health in a society full of stress, pollutants and associated heart disease. What's in it? Each capsule contains 540 mg of Ester-C® and a mixture of 220 mg of broad-spectrum bioflavonoids and OPC-containing ingredients. The powerhouse ingredients are: lemon bioflavonoids, hesperidin complex, pycnogenol (maritime pine bark), rutin, grape seed extract, green tea extract, cortex larix and grape skin extract.

As a simplistic explanation, we see OPC's at work in ripened fruits functioning as natural antioxidants to protect from decomposition. Take this product and you won't rot! These antioxidants are linked to the control of free radicals while the OPC's work with Vitamin C to bind collagen to cellular tissue, thus making the tissue more flexible.

Bioflavonoids act as an antioxidant preventing vitamins and adrenalin from being oxidized by copper-containing enzymes. Bioflavonoids are sometimes referred to as Vitamin P. The human body cannot produce it's own supply so it must be supplied by the diet. Common natural sources are the brightly colored pulp and rind of citrus fruits, green peppers, apricots, cherries, grapes, papaya, tomatoes and broccoli. These components are important in reducing pain and symptoms associated with bleeding. They also act as natural anti-bacterial promoting circulation, stimulating bile and lowering cholesterol while increasing the efficacy of Vitamin C.

All our equine users of **HisCorbadyne™** are familiar with the properties of preventing capillary fragility, blood clotting and platelet clumping. Possible values ascribed to these components include preventing retinal bleeding in diabetics and people with hypertension, preventing soft contact bruising, assisting in menstrual disorders, preventing post-partum hemorrhage and possible effects with mini-strokes due to weak capillary walls. In studies dating back into 1944, animals that were fed red wine

showed capillary strength over control animals. Other studies noted that those populations that consumed wine have a much lower incidence of heart disease. Their resistance was eventually attributed to an antioxidant substance (OPC's) found in high concentrations in ripened fruit and especially the seeds and skin of ripened red grapes.

We could go on about the value of Green Tea as well, but our product's foundation is based on our knowledge and experience of the value of our citrus bioflavonoids and Hesperidin complex plus these exotic OPC's. Athletic injury prevention and healing have been clinically proven to have dramatic positive results with the bioflavonoids and now you have access to the fines product we know how to build.

Pycnogenol from pine bark and grape seed has been ascribed the following properties, according to [Pycnogenol, the Miracle Antioxidant](#), by Rita Elkins, M.H.:

- ✧ It strengthens skin and promotes elasticity, which means it fights wrinkles and can soften facial lines.
- ✧ It protects capillaries from free radical damage, which helps to prevent phlebitis, varicose veins and bruising. Consequently, it has been recommended for anyone with history of blood clots.
- ✧ For joint pain and injuries, pycnogenol acts as a natural anti-inflammatory without the negative side effects of over the counter or prescription drugs. It also helps to alleviate the pain associated with arthritis and other joint conditions. It has been recommended for anyone who engages in continuous physical activity.
- ✧ It helps to control and prevent water retention or edema in the tissues by decreasing fluid leakage from the cells, which results in swelling. Anyone suffering from swollen ankles or fingers should look into its diuretic properties.
- ✧ Pycnogenol is an excellent supplement for any type of allergy, especially hay fever because it decreases the production of histamines which are responsible for all the miseries of allergy symptoms. ■