## Cell Mend Helps Heal a Fractured Trochanter A Quick Recovery Allows Pat Burge to Get Back to Her Rare Steeds

From Dynamite® Distributor Patricia Burge, Livermore, CO



Pictured above: Orton Hall Danny, Fell Pony stallion from England, and Patricia Burge at Kentucky Horse Park for a rare breed choreographed demonstration in June, 2003.

I work with horses every day - a life long passion. We all know that "horse crazy" people get lots of knocks in life from their loving equines, and go right back for more as soon as possible. It is true devastation when you can't walk to the barn, or mount your pony! My latest dilemma was with a young horse who spooked and instead of running away, ran over me. The result was a fractured trochanter (a prominence on the upper hip to which the muscles attach). The experience was extremely painful, and although I was determined to ride the next day, I could barely move with crutches for 5 days. I have 2 artificial hips and have been on Dynamite® supplements to help muscle spasms in the legs. On the 6th day I started Cell Mend. Within a day the pain level was dramatically lessened. I gradually increased the dosage to double, and the pain lessened each day. In 2 weeks after starting Cell Mend I was able to walk with crutches and ride my Icelandic horse to get around the ranch. In 3 weeks I was walking without crutches and able to ride the Icelandic "tolt" gait for a few miles. In 4 weeks I was headed for a full recovery, and considering going back into jumping! Being a small senior citizen, I want my Golden Years to be full. I am presently pursuing an advanced level of natural horsemanship.

## **More About Patricia Burge...**

Patricia Burge lives remotely in the mountains. Composer, pianist, she has recorded her own compositions integrating wild animal calls to bring about more awareness of our diminishing wildlife and wild places. She raises rare breeds of horses, and rehabilitates and trains abused ponies and horses.

Rare Steeds facilitates rare equine breed conservation by connecting people with information and each other.



The conservation of rare breeds protects the broad genetic base found in each livestock species. Thus, the adaptability and biological health of each species is maintained, ensuring that domestic animals can continue to thrive in a wide range of environments without elaborate and expensive support systems.

Rare breeds conservation also keeps livestock genetic resources in the hands of individual farmers and animal breeders. Livestock can be freely owned, used, and bred by farmers and breeders with few restrictions. In contrast, concentration of genetic ownership in the seed industry has resulted in the lack of access to diversity and the loss of many heirloom varieties.

Rare breeds are important historically and culturally. Like artwork, architecture, language, and other artifacts, rare breeds enlighten us about the interests, skills, and values of the people who preceded us. Unlike other elements of nature, these living animals also reflect our evolving relationship with the natural world. Rare breeds of domestic animals, as well as rare varieties of agricultural plants, represent the biodiversity which is closest to us and upon which we are most dependent.

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Dan and Pat bucking 4 ft. snow drifts at Lost Creek Ranch, Livermore, CO in March 2003